
Subject: PHE – Free Products

Effective Date: July 1, 2010

Policy Statement:

PKU is an inherited genetic disorder of protein metabolism. The metabolism of phenylalanine (PHE) requires an enzyme that is missing or inadequate in people with PKU. Special low-protein foods are included in the PKU diet.

The primary source of protein, however, is PHE-free formulas. In order to provide palatable food alternatives CYSHCN will provide coverage of medical food products based on percentage of client eligibility. Client may be responsible for a portion of the cost.

CYSHCN will provide clients with PKU the option of using PHE-free products in place of the medical formula when medically prescribed. The products will be ordered through the state contract and shipped in the same method as medical formula.

CYSHCN requires consistent medical supervision with the PKU specialist or dietician.